

<i>Soup of the Day</i> <i>v</i> <i>Served With Wheaten Bread</i>	£4.45
<i>Garlic Supreme</i> <i>v</i> <i>3 Slices Of Garlic Ciabattia Bread Topped With Thai Chilli Sauce & Grilled Cheese, Served With Salad Garnish</i>	£4.45
<i>Breaded Mushrooms</i> <i>v</i> <i>Served With Garlic Mayonnaise & Salad Garnish</i>	£4.75
<i>Potato Wedges</i> <i>Topped With Bacon, Scallions & Melted Cheese, Served With Salad Garnish</i>	£5.45
<i>Nachos</i> <i>Served Warm With Chilli Beef, Melted Cheese & Sour Cream</i>	£5.45
<i>Deep Fried Brie</i> <i>v</i> <i>Bread Crumbed Served With Wild Cranberry Sauce & Salad Garnish</i>	£5.45
<i>Chicken Strips</i> <i>Southern Fried Served With Choice Of BBQ, Chilli, Garlic Dip & Salad Garnish</i>	£5.45
<i>BBQ Ribs</i> <i>Tender Baby Back Ribs, Marinate In House & Served With A Salad Garnish</i>	£5.45
<i>Sharing Platter</i> <i>A Selection Of Nibbles & Dips To Share</i>	£7.95

v = Vegetarian

g = Gluten Free

Bentra Grill

Please inform your server of any special diet requirements

*All Our Beef Burgers Are 8oz Homemade
Our Chicken Fillets Are Fresh Fillets
And We Only Use The Freshest Ingredients*

Plain Burger <i>g</i>	£8.95
Peppered Burger <i>g</i> <i>Burger Topped With Peppercorn Sauce & Onion ring</i>	£9.95
Hawaiian Burger <i>Burger Topped With Pineapple, Bacon, Onion Ring, Cheese, Finished With Lettuce, Tomato & Thousand Island</i>	£10.45
Chilli Burger <i>Burger Topped With Chilli Beef & Cheese, Topped With Nachos</i>	£10.45
Texan Burger <i>Burger Topped With BBQ Sauce, Bacon & Cheese & Onion Rings</i>	£10.45
Bentra Burger <i>16oz Burger Dressed With Lettuce, Tomato & Mayo Topped With Cheese, Bacon, Onion Rings & Thai Chilli Sauce</i>	£12.95
The Boss Burger <i>Fully Dressed 8oz Burger Topped With Cajun Chicken Strips, Bacon, Cheese & Onion Ring</i>	£12.95
Cajun Chicken Burger <i>Chicken Strips Tossed In Cajun Spice, Topped With Bacon, Cheese & Onion Ring</i>	£11.45
Southern Chicken Fillet Burger <i>Chicken Fillet Coated With Our Own Blend Of Spices, Topped With BBQ Sauce, Grilled Cheese & Onion Rings</i>	£11.45
<i>Extra Toppings ; Cheese/Onions/Bacon/Mushrooms</i>	£1.10

Served with choice of side order

g = *Gluten free minus the floury bap*

Chicken Fillet <i>g K</i>	£9.95
<i>Butterfly Chicken Fillet Served With Salad Garnish</i>	
Cajun Chicken Fillet <i>g K</i>	£10.95
<i>Pan Fried Chicken Fillet Coated In Cajun Spice Served With Choice Of BBQ, Chilli Or Garlic Dip</i>	
Meltdown <i>g</i>	£11.45
<i>Pan Fried Chicken Fillet Topped With Pineapple Salsa, BBQ Sauce & Grilled Cheese</i>	
Southern Fried Chicken	£11.45
<i>Chicken Fillet Coated With Our Own Blend Of Spices, Served With BBQ Sauce</i>	
Chinese Chicken Stir fry <i>g K</i>	£12.95
<i>Stir Fried Chicken Mixed With Crunchy Vegetables,</i>	
Honey Chilli Chicken <i>K</i>	£12.95
<i>Chicken Strips Coated With Our Own Blend Of Spices, Stir Fried With Sliced Peppers & Onions Finished With Honey & Chilli Sauce</i>	
Peppered Chicken Sizzler	£12.95
<i>Mixed With Saute Mushrooms & Onions, Finish In A Creamy Peppercorn Sauce</i>	
Continental Caesar Salad	£10.95
<i>Baby Gems With Lardons, Croutons & Shavings Of Parmesan Cheese, Mixed In A Creamy Dressing. Topped With A Chicken Fillet</i>	
Chicken & Rib Combo	£13.95
<i>½ Rack Of BBQ Ribs With Cajun & Southern Fried Goujons Served With Onion Rings & Homemade Coleslaw</i>	

Served with choice of side order

g = Gluten free

K = ½ portion available for Kids £6.95

Our Fish Comes Fresh From Ewing's Seafood – Belfast

This company has been supplying Fresh fish for over 100 years

Bread Crumbed Scampi *K* £11.95

Breaded In Golden Crumbs, Served With A Salad Garnish

Haddock £10.95

Battered In A light Crispy Beer Batter, Served With Mushy Peas

Grilled Salmon *g* £13.75

*Set On A Mixed Leaf Salad Tossed With Cherry Tomatoes, Mixed Peppers & Salad Onion
Finished With Thai Chilli Sauce*

Fillet of Sea Bass *g* £14.75

Pan Fried Bass Fillet, Served With Shredded Carrot, Parsnip & Leek, Finished With Rocket Pesto

Chilli Prawn Stir fry £10.95

King Prawns With Fresh Stir fried Vegetables Finished With Noodles & Sweet Chilli Sauce

Vegetable Fajitas *v* £10.45

*Stir Fried Vegetables Mixed With Spicy Fajitas Spice,
Served With Tomato Salsa, Sour Cream & Floury Tortilla Bread*

Vegetable Curry *v* £9.95

Mixed Vegetables Cooked In A Mild Curry Sauce Topped With Sliced Garlic Bread,

Sommerset Brie & Beetroot Tart *v* £10.95

Short Crust Pastry Tart Filled With Sliced Brie & Fresh Beetroot

Prawn Salad- Side Not Included £11.95

Fresh Leaf Salad With Prawns & Maire Rose Sauce, Served With Wheaten Bread

Vegetable Stir fry £9.95

Fresh Vegetables Stir fried In Garlic Finished With Chilli Sauce & Noodles

Roast Of The Day K	£11.95
<i>Served With Chefs Selection Of Fresh Vegetables</i>	
Lasagne K	£11.45
<i>Homemade Lasagne Topped With Cheese, Served With Homemade Honey & Mustard Coleslaw</i>	
Gammon & Pineapple g	£11.45
<i>Grilled With Honey & Sugar, Topped With A Fried Egg</i>	
Steak Sandwich	£14.95
<i>Minute Steak Topped With Onion Rings, Served On Garlic Ciabattia Bread</i>	
Rack Of Ribs	£13.95
<i>Full Rack Of BBQ Ribs, Served With Onion Rings & Honey & Mustard Coleslaw</i>	
Peppered Sizzler - Steak	£14.95
<i>Sliced Sirloin Steak Mixed With Sauté Mushrooms & Onions, Finish In A Creamy Peppercorn Sauce</i>	
Chilli Beef Stir-fry Sizzler	£14.95
<i>Sliced Sirloin Steak With Crunchy Stir Fried Vegetables & Noodles, Finished With Thai Chilli Sauce</i>	
Surf N Turf	£17.95
<i>Minute Steak, Topped With Breaded Scampi & Onion Rings</i>	
Beef N Bird g	£17.95
<i>Minute Steak & Chicken Fillet, Topped With Onion Rings</i>	
Mixed Grill	£18.95
<i>Steak, Chicken, Gammon, Sausage, Ribs, Bacon, Sauté Mushrooms, Cherry Tomatoes A Fried Egg</i>	
12oz Sirloin Steak g	£18.95
<i>Served With Sauté Mushrooms & Onion Rings</i>	
8oz Fillet Steak g	£19.95
<i>Served With Sauté Mushrooms & Onion Rings</i>	

All served with choice of side order

g = *Gluten Free*

K = *½ portion available for kids £6.95*

In the interest of health & safety and consideration for other diners

Kids must remain seated at all times

Chips £2.45
Garlic Sauté £2.45
Creamed Potatoes £2.45
Spicy Wedges £2.45

Sauté Onions £2.45
French Fried Onions £2.45

Coleslaw £2.45
Green Salad £2.45

Garlic Butter £1.25
Mayonnaise £1.25
Peppercorn Sauce £1.95
Bushmills Sauce £2.95
Chasseur Sauce £2.95

Tea £1.90
Espresso £2.00
Latte £2.45
Selection Of Herbal Teas £2.10

Special Cappuccino £3.45
Served with Mini Mallows, Whipped Cream

Special Hot Chocolate £3.45
Served with Mini Mallows, Whipped Cream

Irish Coffee £4.95
Calypso Coffee £4.95

Sauté Potatoes £2.45
Chilli Potatoes £2.45
Champ £2.45
Shoe String Fries £2.45

Sauté Mushrooms £2.45
Steamed Vegetables £2.45

Tossed Salad £2.45
Side Salad £3.25

Chilli Sauce £1.25
Gravy £1.25
Curry Sauce £1.75
Diane Sauce £2.95

Coffee £2.10
Cappuccino £2.45
Mocha £2.45

Thick Shakes – Made With Ice Cream
Choose From Chocolate Or Strawberry
Regular - £2.80 Large - £3.50

Bucket Of Beer -4 Bottles £11.45
Choose From Peroni/ Magners Apple/ Corona/ Budwiser
Coors Lite

Baileys Coffee £4.95
Caribbean Coffee £4.95

V.I.K.



Very Important Kids menu

Fish Fingers(2)	£4.45
Sausages(2)	£4.45
4oz Burger	£4.45
Chicken Bites	£4.45

*All above served with choice of Beans, Mushy Peas or Salad
Skinny Fries / Smiley Faces or Mashed Potatoes*

Beans & Chips £3.25

Tomato, Bacon & Cheese Pasta £4.45
served with chips or salad & garlic bread

Kids Roast £6.95

Kids Ice Cream £2.25

*Fruit Shoot Apple & Black currant
or Orange
£1.20*



A Sweet Treat

<i>Fresh Fruit Pavlova (Gluten Free)</i>	£4.95
<i>Sticky Chocolate & Orange Cake (Heated)</i>	£4.95
<i>Homemade Cheesecake Of The Day</i>	£4.95
<i>Profiteroles & Rich Hot Chocolate Sauce</i>	£4.95
<i>Lemon Meringue Pie</i>	£4.95
<i>Pear & Almond Tart (Heated)</i>	£4.95
<i>Salted Caramel & Chocolate Tart</i> <i>(Chocolate Pastry Case, With A Layer Of Salted Caramel finished</i> <i>With Dark Chocolate Filling)</i>	£4.95
<i>Jam & Coconut Sponge & Custard (Heated)</i>	£4.95
<i>Sticky Toffee Pudding (Heated)</i>	£4.95
<i>Home Made Apple Pie (Heated)</i>	£4.95
<i>Homemade Crème Brule (Gluten Free)</i>	£4.95
<i>Banana Split (Gluten Free)</i> <i>(Vanilla/ Strawberry & Chocolate Ice-Cream, Topped With</i> <i>Fresh Cream & Chocolate Sauce Finished With Banana)</i>	£4.95
<i>Cream Puff Crunch Sundae</i> <i>(Profiteroles , Fresh Cream, Chocolate Sauce & Honeycomb Ice-cream)</i>	£4.95
<i>Knickerbocker Glory (Gluten Free)</i> <i>(Fresh Cream, Jelly, Strawberries & Ice -Cream)</i>	£4.95
<i>Eaton Mess (Gluten Free)</i> <i>(Meringue Pieces , Fresh Strawberries Cream & Strawberry Ice –Cream)</i>	£4.95
<i>Trio Of Maud's Ice-cream (Gluten Free)</i> <i>(Choose from Vanilla/ Honeycomb/ Strawberry Or Chocolate)</i>	£4.25

Rib Night

Served Fridays 5pm – 8.45pm
Friday Nights Are Rib Night

Enjoy A Sharing Platter To Start
For Only £7.95



Order Either A Full Rack Of Ribs Or A
Chicken & Rib Combo
Both Accompanied With Salad, Onion Rings,
Homemade Slaw & Choice Of Side Order
£13.95

★ Or Why Not Try Our New ★

Steak & Rib Combo
10oz Sirloin Steak & ½ Rack Of Ribs
Accompanied With Peppercorn Sauce, Onion Rings &
Choice Of Side
£16.95

Order From Either Of The Above Deals & Receive A Choice Of
Dessert FREE
Homemade Jam & Coconut Sponge & Custard
Pavlova
Cheesecake Of The Day
Chocolate & Orange Cake

Saturday Steak Special

Served Saturday

5pm – 8.30pm

Steak Special

Sharing Platter For Two

Why Not Enjoy Some Tasty Treats From Our Starter Menu,
Served With Dips & Tossed Salad

£7.95

2 x 8oz Minute	= £30.00
2 x 12oz Sirloin	= £35.00
2 x 8oz Fillet	=£40.00

Choose From The Above Offer & Select A
Glasses Of Wine, 330ml Bottle Of Beer Or A
Large Soft Drink Per Person

(Beers include Budweiser, Corona, Peroni, Coors Lite)

Each Steak Is Served With Sauté Mushrooms, Onions
Rings, Peppercorn Sauce or Gravy
& Choice Of Potato

Please note steaks cannot be mixed and matched