

Bentra

Grill

Serving Up Delicious Fresh Dishes Since 2010

Starters

Soup Of The Day		£4.45
With Wheaten Bread		
Creamy Garlic Mushrooms	V	£5.25
Served With Toasted Ciabattia Bread & Mixed Leaves		
Mozzarella Cheeses Bites	V	£5.25
Served With Raspberry Coulis & Mixed Leaves		
Salt & Chilli Chicken	G	£5.75
Served With Sliced Onion, Leek & Mixed Leaves		
Chicken Liver Pate		£5.75
Served With Cumberland Sauce, Warm Toast & Mixed Leaves		
BBQ Ribs		£5.95
Coated In House Sauce, Served With Coleslaw & Mixed Leaves		
Garlic & Chilli King Prawns	G	£5.95
Set On A Bed Of Mixed Leaves		
Sharing Platter		£11.25
Selection Of Nibbles & Dips To Share		

Open Sandwiches

Toasted Ciabattia Bread With Lettuce, Tomato & Mayo,
Served With House Salad- No Side Included

Bacon, Salsa & Cheese	£7.95
Chicken & Bacon	£8.95
BBQ Chicken & Pineapple	£8.95
Pork & Branston Pickle & Cheese	£8.95
Peppered Sliced Steak & Onions	£9.95

8oz Homemade Burgers

Served With House Salad & Choice Of
Potato

Plain Burger	£8.95
Chicken & Bacon	£9.95
Texan Burger	£10.95
With Bacon, BBQ & Cheese	
Hawaiian	£10.95
With Bacon, Cheese, Pineapple & 1000 Island	
Boss Burger	£12.95
With Cajun Chicken, Bacon & Cheese	

Pasta

All Pasta Dishes Served With Garlic Bread & Choice Of Potato

Sweet Chilli Penne

Choice Of	Mushroom & Onion	V	£9.95
	Sliced Chicken Fillet		£12.95
	Sliced Sirloin Steak		£14.95

Creamy Garlic Penne

Choice Of	Vegetables	V	£9.95
	Sliced Chicken & Bacon		£12.95
	Sliced Sirloin Steak & Mushroom		£14.95

Tomato & Basil Penne

Choice Of	Vegetable	V	£9.95
	Sliced Chicken & Bacon		£12.95
	Sliced Sirloin Steak & Mushroom		£14.95

G = Gluten Free

V = Suitable For Vegetation

Chilli Stir-fry

Wok Fried Crunchy Vegetables, With Sweet Chilli Sauce & Noodles. Served With Choice Of Potato

Vegetable	V	£9.95
Chicken		£12.95
King Prawn		£13.95
Steak		£14.95

Peppered Sizzlers

All Served In A Creamy Peppercorn Sauce With Mushrooms, Onions & Choice Of Potato

Sliced Chicken Fillet	£12.95
Chicken & Steak	£14.95
Sliced Sirloin Steak	£15.95

Fajitas

Served With Sour Cream, Salsa, Guacamole, Wraps & Choice Of Potato

Vegetable	V	£9.95
Chicken		£12.95
Steak		£14.95

Ribs

Cooked Low & Slow, Served With Coleslaw, Mixed Leaves, French Fried Onions & Choice Of Potato

Chicken & Rib	£13.95
Full Rack	£13.95
12oz Sirloin Steak & Rib	£23.95

From The Grill

Served With Choice Of Potato

Chicken Fillet	G	£9.95
Pan Fried Chicken Fillet		
Southern Fried Strips		£11.45
Coated In Our Own Blend Of Spices, Served With Peppercorn Sauce		
Honey Chilli Chicken		£12.95
Southern Fried Strips Topped With Honey & Chilli Sauce Mixed Peppers & Onions		
Lasagne		£11.95
Served With Coleslaw		
Gammon & Pineapple	G	£11.95
Served With A Fried Egg		
Medallions Of Pork		£13.95
Finished With Mushroom & Cider Jus		
Chicken Salad		£10.95
Mixed Leaves, Boiled Egg, Pickles, Cherry Tomatoes, Onion & Croutons Topped With A Chicken Fillet Served With Honey & Mustard Dressing		
Salmon & Prawn		£13.95
Grilled Salmon Finished With Garlic & Chilli Prawns, Served With Citrus Butter		
Breaded Scampi		£12.45
Served With Tartar Sauce & Lemon		
Beer Battered Haddock		£11.45
Served With Mushy Peas & Tartar		
12oz Sirloin Steak	G	£19.95
Add ½ Chicken Fillet £ 3.00		
Add Garlic & Chilli King Prawns £ 5.00		
8oz Fillet Steak	G	£21.95
Add ½ Chicken Fillet £ 3.00		
Add Garlic & Chilli Prawns £ 5.00		

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All Sides £ 2.75

Skinny Fries	Homemade Chunky Chips
Sauté Potatoes	Creamed Potatoes
Garlic Sauté	Champ
Chilli Sauté	Onion Rings
House Salad	Sauté Mushrooms
Steamed Veg	Sauté Onions
Noodles	Boiled Rice
Coleslaw	

Beverages

Selection Of Soft Drinks	Regular £2.25	Large £2.95
Pepsi/Diet Pepsi/ 7up/ 7up Sugar Free/ Club Orange/ Club Lemon		

Selection Of Fruit Juices	Regular £2.10
Cranberry/ Orange	

Sparkling Apple Juice	£2.50
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Mineral Water (Still Or Sparkling)	£2.10
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Beers

Selection Of Bottled Beers Priced At £ 3.45
Budweiser/ Corona/ Coors Lite/ Magners/
Peroni/ Guinness/ Hop House 13

Draft Heineken Pint	£4.35
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Draft Heineken ½ Pint	£2.25
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West Cost Cooler Original/ Rose	£3.45
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Smirnoff Ice	£3.45
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Hot Drinks

Tea / Decaf Tea	£1.90
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Coffee/ Decaf Coffee	£1.90
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Cappuccino	£2.45
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Café Latte	£2.45
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Café Mocha	£2.45
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Americano	£2.10
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Selection Of Herbal Teas	£2.10
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Selection Of Liqueur Coffees	£4.95
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Sauces

Garlic Butter	£1.50
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Gravy	£1.50
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Peppercorn	£2.25
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Bushmills	£2.95
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Chasseur	£2.95
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Diane	£2.95
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Thick Shakes

Made With Mauds Ice cream

Regular £3.50	Large £4.50
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Choose From Strawberry/Chocolate

Cocktails

All Cocktails Priced At £5.95

Cosmopolitan

Vodka, Orange Liquor & Cranberry Juice

Tequila Sunrise

Tequila, Orange Juice & Grenadine

Frozen Strawberry Daiquiri

For Those Of You Who Like It Real Cool!
Strawberry Syrup, Bacardi, & Fresh Lime

Apple Jack

Jack Daniels , Fizzy Apple & Fresh Lime

Beach Boys

Vodka, Peach Schnapps, Orange Juice
& Cranberry Juice

Beat The Blues

Vodka, Blue Curacao & Lemonade

Woo Woo

Vodka, Peach Schnapps, Cranberry Juice
& Fresh Lime

Taste the Rainbow

Vodka, Raspberry Liqueur, Apple,
Blue Curacao & Lemonade

Please Ensure You Make Your Server Aware Of Any Dietary
Requirements As Menu Items Can Be Adapted To Suit

Very Important Kids Menu

Fish Fingers(2)	£4.95
Sausages(2)	£4.95
4oz Burger	£4.95
Chicken Bites	£4.95

All above served with choice of Beans, Mushy Peas Or Salad Garnish.

Choose From Skinny Fries or Mashed Potatoes

Tomato & Bacon Pasta With Garlic Bread & Skinny Fries £5.45



Lasagne £7.95

Gammon & Pineapple £7.95

Battered Fish & Mushy Peas £7.95

Chicken Strips £7.95

Roast Of The Day £7.95

Scampi £7.95

Honey Chilli Chicken £7.95

All Served With Choice Of Potato

Sunday Menu

*Please note these menu choices change on a weekly basis
Please contact us directly if you require any further information*

Seasonal Vegetable Broth

Served With A Crusty Roll

Egg Mayonnaise

Served With Mixed Leaves & Wheaten Bread

Southern Fried Chicken Strips

Served With Mixed Leaves & BBQ Sauce

Garlic Mushrooms

*Sauté Mushrooms Served In A Garlic Cream
Finished With Toasted Ciabattia Bread*

Chicken Liver Pate

Served With Cumberland Sauce, Toast & Salad Garnish

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Roast Topside Of Beef

Served With Peppered Onions & Rich Roast Jus

Roast Turkey & Ham

Served With Cocktail Sausages & Roast Jus

Medallions Of Pork

Served With Peppercorn Sauce & Cider Jus

Pan Fried Gammon

Pan Fried Gammon Steak Topped Pineapple & Honey

Breaded Lemon Sole

Coated In Golden Crumbs With Lemon & Tartar

10oz Sirloin Steak - £5 extra

Cooked The Way You Like, Served With Mixed Peppercorn Sauce

Brie & Beetroot Tart

Short Crust Pastry Tart Filled With Sliced Brie & Fresh Beetroot

Chicken & Bacon

*Chicken Fillet Wrapped In Smoked Bacon
Finished In A Creamy Bushmills Sauce*

Southern Fried Chicken

Served With Choice Of Dip

Texan Burger

*8oz Homemade Burger Topped With Smoked Bacon BBQ Sauce & Grilled
Cheese*

Breaded Scampi

Finished With Lemon & Tartar

*All served with chefs selection of fresh vegetables,
creamed, roast & fried potatoes*



Chocolate & Orange Cake

Nutella Cheesecake

Fresh Fruit Pavlova

Profiteroles & Chocolate Sauce

Trio Of Ice Cream

1 Course £12.95

2 Courses £16.45

3 Courses £19.95